# **Thyroid Stimulating Hormone (FIA)**

REF: IN017701



#### Intended use

The infinosis™ TSH is a fluorescence immunoassay (FIA) for the in vitro quantitative determination of thyroid stimulating hormone in human serum or plasma. The assay is useful in the diagnosis of thyroid or pituitary disorders. For professional use only.

## Summary

# References<sup>1-3</sup>

Thyroid-stimulating hormone (TSH, thyrotropin) is a glycoprotein having a molecular weight of approx. 30000 daltons and consisting of two subunits. Measurement of the serum concentration oftentimes thyrotropin (TSH), a glycoprotein with a molecular weight of 28,000 daltons and secreted from the anterior pituitary, is generally regarded as the most sensitive indicator available for the diagnosis of primary and secondary (pituitary) hypothyroidism. TSH measurements are equally useful in differentiating secondary and tertiary (hypothalamic) hypothyroidism from the primary thyroid disease. TSH release from the pituitary is regulated by thyrotropin releasing factor (TRH), which is secreted by the hypothalamus, and by direct action of T4 and triiodothyronine (T3), the thyroid hormones, at the pituitary. Increase levels of T3 and T4 reduces the response of the pituitary to the stimulatory effects of TRH. In secondary and tertiary hypothyroidism, concentrations of T4 are usually low and TSH levels are generally low or normal. Either pituitary TSH deficiency (secondary hypothyroidism) or insufficiency of stimulation of the pituitary by TRH (tertiary hypothyroidism) causes this. The TRH stimulation test differentiates these conditions. In secondary hypothyroidism, TSH response to TRH is blunted while a normal or delayed response is obtained in tertiary hypothyroidism. Further, the advent of immunoenzymometric assays has provided the laboratory with sufficient sensitivity to enable the differentiating of hyperthyroidism from euthyroid population and extending the usefulness of TSH measurements. This method is a second-generation assay, which provide the means for discrimination in the hyperthyroid-euthyroid range.

# Test principle

Sandwich principle. Total duration of assay: 15 minutes

Sample is added to the sample well of the test, then the fluorescence-labeled detector anti-TSH antibody binds to TSH antigen in blood specimen. As the sample mixture migrates on the nitrocellulose matrix of test strip by capillary action, the complexes of detector antibody and TSH are captured to anti-TSH antibody that has been immobilized on test strip.

More antigens in the sample will form more antigen-antibody complexes which lead to stronger fluorescence signal by detector antibodies, which is processed by instrument for infinosis™ tests to show TSH concentration in the sample.

# Reagents

## Materials provided

- · Test Cartridge, 25 pcs, individually packaged
- ID Chip, 1 pcs
  Sample Buffer, 25 tubes
- IFU, 1 copy

# Materials required (but not provided)

- infinosis™ 2020 FIA analyzer
- TSH control (DiaSino control is recommended)
- Transfer pipette set (100 µL size)
- · Centrifuge (for plasma and serum only)

# Precautions and warnings

- · For in vitro diagnostic use only.
- · Carefully follow the instructions and procedures described in this instructions before testing.
- · The test cartridge should remain in its original sealed pouch until ready to use. Do not use it if the pouch is damaged or the seal is broken.
- · Do not use reagents beyond the labeled expiry date.
- . Do not mix or use components from kits with different Lots.
- · Don't use Test Cartridge if its Lot does not match with ID Chip that is inserted onto the instrument.
- The infinosis™ TSH should be used only in conjunction with the instrument for infinosis™ tests.
- · The tests should be applied by professionally trained staff working in certified laboratories at some remove from the patient and clinic at which the sample is taken by qualified medical personnel.

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- infinosis™ TSH assay is single use only. Do not reuse it.
- The Test Cartridge and instrument for infinosis™ tests should be used away from vibration and magnetic field. During normal usage, the Test Cartridge may generate slight vibration, which should be regarded as normal.
- · Use separate clean pipette tips and buffer tubes for different specimens. The pipette tips and detector buffer tubes should be used for one specimen only.
- Do not smoke, eat, or drink in areas in which specimens or kit reagents are
- Blood specimens, used test cartridges, pipette tips and sample buffer tubes are potentially infectious. Proper laboratory safety techniques, handing and disposal methods should be followed in accordance with standard procedures and relevant regulations observed by microbiological hazard materials.
- The results should be interpreted by the physician along with clinical findings and other laboratory test results.

### Incident report

Any suspected serious incidents related to this assay shall be immediately reported to DiaSino, DiaSino's Authorized Representative in the EU, and the national competent authorities of the Member States where the users and/or patients are located.

### Storage and stability

- Store the test kit at 2-30°C, the stability is up to the expiration date printed on
- Test cartridge and sample buffer should be used within 1 hour after opening the pack.

# Specimen collection and preparation

- The test can be performed with either serum or plasma.
- Collect serum samples in accordance with correct medical practices.
- Using standard phlebotomy procedure, collect a venipuncture whole blood specimen using a blood collection tube. If collecting plasma use a blood collection tube containing suitable anticoagulant (EDTA recommended).
- · Separate the serum/plasma from blood as soon as possible to avoid hemolysis.
- Test should be performed immediately after the specimens have been collected. Do not leave the specimens at room temperature for prolonged periods. Specimens may be stored at 2-8°C for up to 3 days. For long-term storage, specimens should be kept below -20°C.

# Quality control

- · Quality control tests are a part of the good testing practice to confirm the expected results and validity of the assay and should be performed at regular
- The control tests should be performed immediately after opening a new test lot to ensure the test performance is not altered.
- Quality control tests should also be performed whenever there is any question concerning the validity of the test results.
- Control materials are provided on demand with infinosis™ tests. For more information regarding obtaining the control materials, contact DiaSino Laboratories Co., Ltd for assistance.

# Test setup

- Ensure that the lot number of the cartridge matches that of the sample buffer, and the ID Chip.
- If the sealed cartridge and sample buffer have been stored in refrigerator, place them at room temperature (18-25 °C) at least 30 minutes before measurement.
- Turn on the instrument for infinosis™ tests. Refer to the 'instrument for infinosis™ tests Operation Manual' for the complete information and operating instructions.

## Test procedure

1/2

- Insert ID Chip into the instrument for infinosis™ tests and read ID chip information
- Using a pipette to transfer 50 µL of sample (Human plasma/serum) to the sample buffer tube provided in the kit.
- Close the lid of the sample mixing tube and mix the sample thoroughly for 5-10 seconds by tapping or inverting the tube.
- Pipette out 100 µL of sample mixture and load it onto the sample well on the cartridge.
- Leave the sample-loaded cartridge at room temperature for 15 minutes.
- Insert the sample-loaded cartridge into the cartridge holder of instrument for infinosis™ tests.





# **Thyroid Stimulating Hormone (FIA)**

Ensure proper orientation of the cartridge before pushing it all the way inside the cartridge holder.

- 7 Press "Test" button on the instrument for infinosis™ tests.
- Instrument for infinosis™ tests will start scanning the sample-loaded cartridge immediately.
- Read the test result on the display screen of the instrument for infinosis™ tests.
- 10. Print out the testing results when press "Print" button on the instrument for infinosis™ tests.

#### Limitations - interference

- The assay is unaffected by icterus (bilirubin < 600 µmol/L or < 35 mg/dL), hemolysis (Hb < 0.559 mmol/L or < 0.9 g/dL), lipemia (Intralipid < 1200 mg/ dL), and biotin < 94 nmol/L or < 23 ng/mL.
- Criterion: Recovery within ± 10 % of initial value.
- Serum TSH values may be elevated by pharmacological intervention. Domperiodone, amiodazon, iodide, phenobarbital, and phenytoin have been reported to increase TSH levels.
- · The presence of autoantibodies may induce high molecular weight complexes (macro-TSH) which may cause unexpected high values of TSH.
- Serum TSH values may be elevated by pharmacological intervention. Domperiodone, amiodazon, iodide, phenobarbital, and phenytoin have been reported to increase TSH levels.
- · A decrease in thyrotropin values has been reported with the administration of propranolol, methimazol, dopamine and thyroxine.
- · Patients who have received mouse monoclonal antibodies for either diagnosis or therapy can develop HAMA (human Anti-mouse antibodies). HAMA can produce either falsely high or falsely low values in immunoassays which use mouse monoclonal antibodies.
- · For diagnostic purposes, the results should always be assessed in conjunction with the patient's medical history, clinical examination and other findings.

#### Measuring range

0.05-100 µIU/mL (defined by the lower detection limit and the maximum of the master curve). Values below the detection limit are reported as < 0.05 µIU/mL. Values above the measuring range are reported as > 100 µIU/mL

## Lower detection limit

 $0.05 \mu IU/mL$ 

The detection limit represents the lowest analyte level that can be distinguished from zero. It is calculated as the value lying two standard deviations above that of the lowest standard (master calibrator, standard 1+2 SD, repeatability study, n = 21).

# **Expected values**

0.37-5.10 uIU/mL

These values correspond to the 2.5th and 97.5th percentiles of results obtained from a total of 120 healthy test subjects examined.

Each laboratory should investigate the transferability of the expected values to its own patient population and if necessary determine its own reference ranges.

## Specific performance data

Representative performance data are given below. Results obtained in individual laboratories may differ.

# Precision

# Intra-assav

Determined by using 10 tests in the same batch to test with TSH control, CV ≤

# Inter-assav

Determined by using 3 tests in 3 random and continuous batches to test with TSH control, CV ≤ 20%

# Method comparison

A comparison of the infinosis™ TSH assay (y) with the Elecsys TSH assay (x) using 112 clinical samples gave the following correlations:

Linear regression y = 1.003X - 0.629r = 0.9880

# **Analytical specificity**

For the monoclonal antibodies used, the following cross-reactivities were found: LH 0.041 %, FSH 0.001 %; hGH and hCG no cross-reactivity.

# **Functional sensitivity**

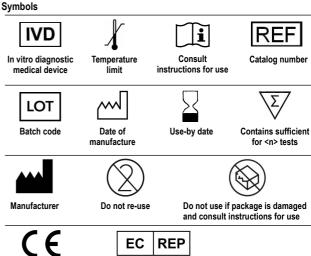
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The functional sensitivity is the lowest analyte concentration that can be reproducibly measured with an intermediate precision CV of ≤ 20 %.

There is no high-dose hook effect at TSH concentrations up to 1000 µIU/mL.

#### References

- 1. Barker, S.B., "Determination of Protein Bound lodine."
- 2. Journal Biological Chemistry, 173, 175, (1984).
- 3. Caldwell, G et al, "A new Strategy for Thyroid Test in the Routine Laboratory Tests." Lancet. I. 1117 (1985).



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